# **Sunny Portugal with Maria**

with Optional 3-Night Porto Pre Tour Extension with Optional 4-Night Madeira Island Post Tour Extension October 25 – November 3, 2022



Maria is a wellness expert who has helped clients follow a Ketogenic lifestyle to heal and lose weight for over 20 years. She has helped thousands of clients get healthy, get off medications and heal their bodies; losing weight is just a bonus. She is the international best selling author of several books including "Keto: The Complete Guide to Success on the Ketogenic Diet."



For more information contact Cathy Rowland Amore Travel Designs 970-852-5050 cathy@amoretraveldesigns.com



**10 Days** • **12 Meals**: 8 Breakfasts, 1 Lunch, 3 Dinners (Keto focused meals for included lunch and dinners)

**HIGHLIGHTS...** Portuguese Riviera, Lisbon, Belém, Obidos, Sintra, Choice on Tour, Arraiolos, Cork Factory, Evora, Winery Visit, Alentejo, Monsaraz, Lagos, Algarve, Faro, Tavira, 4 UNESCO World Heritage Sites, Azeitao

ITINERARY AT A GLANCE		
Day 1	Overnight Flight	
Days 2 – 4	Vila Gale Cascais Hotel, Cascais	
Day 5	Vitoria Stone Hotel, Evora	
Days 6 – 8	Vila Gale Lagos, Algarve	
Day 9	Turim Marques Hotel , Lisbon	
	On some dates alternate hotels may be used.	

**Collette's Flagship:** Collette's tours open the door to a world of amazing destinations. Marvel at must-see sights, sample regional cuisine, stay in centrally located hotels and connect with new and captivating cultures. These itineraries offer an inspiring and easy way to experience the world, where an expert guide takes care of all the details.

**Day 1: Tuesday, October 25, 2022 Overnight Flight** Ancient castles and Roman ruins, groves of lemon and almond trees, quiet whitewashed villages, and welcoming locals – Portugal is waiting for you.

**Day 2: Wednesday, October 26, 2022 Cascais, Portugal - Tour Begins** Say hello to the Portuguese Riviera, your home for the next three nights. With mansions scattered about Cascais and Monte Estoril – all hinting at its history as a haven for exiled European royals and nobility. Tonight, join your fellow travelers for a welcome dinner. (D)

**Day 3: Thursday, October 27, 2022 Cascais - Lisbon - Cascais** Embark on a panoramic Lisbon city tour and uncover the city's most famous sights. Travel to Belém where you'll see the Belém Tower (UNESCO World Heritage site), and the Monument to the Discoveries. Step into the past at the 16th-century Jerónimos Monastery (UNESCO) and Lisbon's Maritime Museum, which offers a glimpse into the country's naval achievements. Back in Cascais, enjoy some time to discover the narrow cobblestone streets, meandering past seaside cafés or pausing to shop for ceramics, lace, and hand-woven works. You're on your own for the remainder of the day. You may choose to join an optional experience to savor Portuguese cuisine and wine while local artists perform traditional Fado, included in UNESCO's list as a World Cultural Heritage. (*B*)

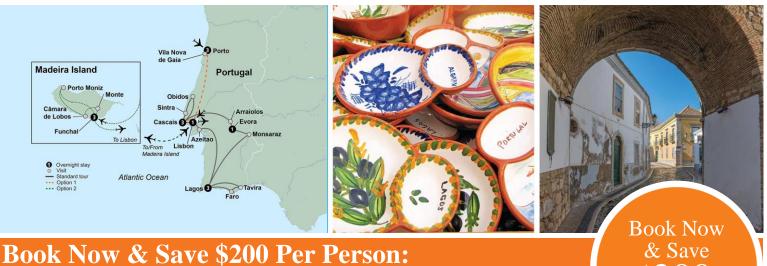
Day 4: Friday, October 28, 2022 Cascais - Obidos - Sintra -Cascais Explore the picture-perfect city of Obidos, where whitewashed houses sit snug within medieval city walls. Continue on to Sintra (UNESCO), a breathtaking hub that served as the summer residence of Portuguese kings for six centuries. Then, **it's your choice!** Explore this quaint hilltop village independently and wander through the winding streets lined with cork products and pastries -**OR-** venture into the National Palace of Sintra. On your return to Lisbon stop to admire the stunning Cabo da Roca, the western most point of continental Europe. (*B*)

**Day 5: Saturday, October 29, 2022 Cascais - Arraiolos - Evora** Make your way through Portugal's charming countryside. Visit Arraiolos, known as the "village of rugs," and delve into the history and art of Portuguese tapestries. Visit a local cork factory, where you'll learn about the product's importance to the local economy and why Portugal is the world's top cork producer. Your journey then takes you to Evora (UNESCO) – the "Museum City of Portugal." In addition to Evora's 2nd-century Roman temple to Diana, this medieval walled city is also the home to the mysterious 16th-century Chapel of Bones. End your day by indulging in full-bodied wines from the Alentejo region during a winery tour and tasting. (*B*)

**Day 6: Sunday, October 30, 2022 Evora - Monsaraz - Lagos** Journey to the stunning coast of the Algarve - the southernmost region of Portugal. On the way, pause to take in the dramatic vistas from the village of Monsaraz. Then, explore the historic resort town of Lagos, where Moorish and Renaissance influences meet towering seaside cliffs. From this bustling port city, many celebrated voyagers began their explorations. (*B*, *D*)

**Day 7: Monday, October 31, 2022 Lagos** The entire day is yours to experience the incomparable Algarve on your own. Geraniums, camellias, and oleanders grow alongside fig, orange, and almond trees, while brightly colored fishing boats bob on the seas. Protected by hills to the north and warmed by the sea, the Algarve's mild climate and beautiful beaches attract visitors from all over the world. You may choose to join an optional experience that will get you closer to the some of the most famous coastal scenery in Portugal. (*B*)

**Day 8: Tuesday, November 1, 2022 Lagos - Faro - Tavira - Lagos** Journey to Faro, the capital of the Algarve. Explore the city's historic center and see the 9th-century city walls. During lunch, discover the flavors of the region as a local chef highlights Algarve gastronomy



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### For bookings made after Apr 26, 2022 call for rates.

**Included in Price:** Round Trip Air from Denver International airport, Air Taxes and Fees/Surcharges, Hotel Transfers **Not included in price:** Cancellation Waiver and Insurance of \$399 per person

\* All Rates are Per Person and are subject to change, based on air inclusive package from DEN and based on a minimum of 15 passengers traveling in your group

#### Upgrade your in-flight experience with Elite Airfare

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† Refer to the reservation form to choose your upgrade option

IMPORTANT CONDITIONS: Your price is subject to increase prior to the time you make full payment. Your price is not subject to increase after you make full payment, except for charges resulting from increases in government-imposed taxes or fees. Once deposited, you have 7 days to send us written consumer consent or withdraw consent and receive a full refund. (See registration form for consent.)

during a cooking demonstration. Enjoy a tasting menu featuring iconic dishes of the region complete with local liquors and pastries. Continue to charming Tavira, an ancient Moorish city that blends traditional architecture with sandy beaches. Return to Lagos for an evening at leisure. (B, L)

Day 9: Wednesday, November 2, 2022 Lagos - Azeitao - Lisbon En route to Lisbon, make a stop in Azeitao, a charming agricultural village known for red wine, olive trees and beautiful country estates. Meet local artisans at a family-run shop and learn how the famous hand-painted Portuguese tiles, *azulejos*, are made. Bid Portugal goodbye during a dinner in Lisbon and celebrate the end of your unforgettable journey. (B, D)

**Day 10: Thursday, November 3, 2022 Lisbon - Tour Ends** Your tour ends today. (*B*)

#### Experience It! The Algarve

Postcard-worthy coastlines brushing against crystal clear water, stunning cliffs plunging into the rocky waves below, and awe-inspiring vistas that will leave you speechless – this is the Algarve. The southernmost region of Portugal, the Algarve is home to the perfect combination of historical architecture and sandy beaches. Although every area of the Algarve offers unique charms and is the perfect setting for a relaxing getaway, some of the preferred cities of this region include Lagos and Tavira for their charm and good food. While in the Algarve, make sure you sample some of the fresh seafood, indulge in the local figs and oranges, and maybe even buy a piece of intricately painted pottery.

# **EXTEND YOUR VACATION WITH**

# **Optional 5 Days 3-Night Porto Pre Tour Extension**

Rate: \$649.00 USD per person, double, land only, airfare is not included. The purchase of an additional air segment is required for this extension. Please inquire for air rate at time of booking.

# **Optional 5 Days 4-Night Madeira Island Post Tour Extension**

Rate: \$1,199.00 USD per person, double, land & air inclusive

For more information on extensions and options for this tour visit https://gateway.gocollette.com/link/1052737#extensions

#### PLEASE NOTE:

# Book Now rates valid until Apr 26, 2022, valid on air inclusive packages only. IDENTIFICATION

Passports are required for this tour at your expense. Certain countries require a minimum of 6 months passport validity from date of return home. You are strongly urged to contact the appropriate consulate for details. Visit www.travel.state.gov for the U.S. State Department for the latest details about passports and visa requirements.

IMPORTANT: We recommend that our clients traveling abroad take a photocopy of their passport and applicable visas. It should be packed separately from your actual passport and visa. We also recommend leaving a copy at home with your emergency contact.

Effective immediately and until further notice, all guests will be required to bring one of the following: **proof of vaccination** (official vaccination certificate in paper or electronic form), **proof of recovery from COVID-19** or a **negative test result** (FDA Approved diagnostic) for a test performed 72-hours or less from the start date of the tour with you on tour to verify information you will be providing to Collette when filling out the Wellness Declaration upon arrival.

Effective for travel after January 2023, all visitors who do not need a visa to enter Europe will be expected to apply for an ETIAS travel authorization, for a fee, when visiting a Schengen Area Country. To identify Schengen Area Countries and to complete the ETIAS application, please visit https://www.etiasvisa.com/

Single accommodations are limited and are available on a first come, first served basis.

To complete your tour, we <u>include</u> roundtrip airport-to-hotel transfers when purchasing our airfare with your tour. If you have arranged for your <u>own air</u>, we are pleased to provide you the option of *purchasing* these transfers. Please note that all transfers will leave at pre-scheduled times.

The overall activity level of this tour is a level 2. This means you like a balanced approach to travel. You feel confident walking at least 30-45 minutes at a time over a variety of terrains – from cobblestone streets to easy pathways; a couple of hills or a few flights of stairs. You're comfortable walking a few city blocks at a time, but need some time to unwind and relax.

Air passengers will arrive into Lisbon, Portugal airport. All transfers will depart from Lisbon airport for Cascais (approximately a 40 minute drive).

Please be advised many airlines do not provide advance seat assignments until check-in at the airport. Advance seating will be subject to the airline's terms and conditions.

Economy air rate and schedule are applicable for groups of 10 or more traveling on the same flights and dates.

A deposit of \$600 per person is due upon reservation. Reservations are made on a first come, first served basis. Reservations made after the deposit due date of April 19, 2022 are based upon availability. Final payment due by August 26, 2022. Deposits are refundable up until April 26, 2022.

CST#2006766-20 UBN#601220855 Nevada Sellers of Travel Registration No. 2003-0279



If paying by credit card, please complete this form and return to Amore Travel Designs. We can only charge your credit card for the amount noted if the signature, address and phone number are listed below. Thank you!

#### **CREDIT CARD AUTHORIZATION FORM**

BOOKING NUMBER: 1052737	TOUR: Sunny Portugal Estoril Co Algarve	ast, Alentejo &		
DEPARTURE DATE: October 25, 2022	e			
Name of Passenger:				
Salutation: First Name:	_ Middle Initial: Last Name: (Please print as it appears on Passport)	Suffix: (Jr., Sr.)		
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Credit Card Type:American Expres	ssDiscoverMasterCard	Visa		
Credit Card Number:				
Expiration Date:	Amount to be charged: \$			
Cardholder's Signature:	Date:			

I agree to pay according to the card issuer agreement. I understand and accept Collette cancellation policy, terms and conditions.

Participating credit card companies are now requiring a billing address and phone number for **FRAUD PREVENTION**. All information MUST be provided. Thank you for your cooperation! If using your credit card for payment, please return this Authorization Form by mail to:

Amore Travel Designs Attn: Cathy Rowland 2537 Pinecone Circle Fort Collins, CO 80525

Above credit card information has been called in to Collette.



162 Middle Street Pawtucket, RI • 02860 Phone: 1-800-852-5655 Fax: 1-401-727-9014

#### BOOKING NUMBER: 1052737

DEPARTURE DATE: October 25, 2022

TOUR: Sunny Portugal Estoril Coast, Alentejo & Algarve GROUP NAME: Amore Travel Designs

\$50

USD

#### **Available Options**

Personalize your tour by adding an optional activity below. Our recommended options have been carefully chosen to help enhance your individual experience. Complete the provided Prepaid Options Form to reserve your options.

Availability is limited and reservations are on a first come, first serve basis. Payment must be received no later than 15 days prior to departure. Prices are subject to change.

Children under the age of 18 MUST be accompanied by an adult.

#### Algarve



# Algarve's Coastal Cruise

Set sail on the clear blue waters of the Bay of Lagos to experience the stunning Ponta da Piedade with some of the most beautiful and famous coastal scenery in Portugal, including pristine beaches and rocky cliffs that are simply breathtaking. Upon arrival at Ponta da Piedade transfer to smaller boats... then, it's off to explore the magical grottoes! Take in the striking rock formations sculpted by the sea for thousands of years as you weave in and out of tiny inlets, serene grottoes and impressive caves. *Duration: Approximately 2 hours.* Please note a minimum of 1 passengers is required. Transportation is included.

#### Lisbon

#### A Night of Fado

Fado: the perfect blend of voice and guitar. Declared a UNESCO World Heritage Cultural Patrimony, as a celebrated form of world music that captures what it is to be Portuguese. The word Fado comes from the Latin word fatum, which means fate or destiny. It is a style of music that is all about deep feelings: the disappointments of love, the ups and downs of life. No one knows quite how Fado first came into being, but to this day Portugal's traditional music remains at the very heart of the country's culture. In one of Lisbon's most popular Fado restaurants, professional performers entertain you while you enjoy a typical Portuguese three course dinner with wine include. *Duration: Approximately 4 hours.* Please note a minimum of 10 passengers is required. Transportation is included.

#### \$120 USD



For Reservations Contact: Cathy Rowland 970-852-5050 email: cathy@amoretraveldesigns.com Amore Travel Designs, 2537 Pinecone Circle, Fort Collins, CO 80525

A deposit of \$600 per person is due upon April 19, 2022 are based upon availability YOUR INFORMATION: Clearly print your full name (first/middle/lasi IMPORTANT: In order to avoid any unneces the legal name and be 100% identical to the	. Final payment due b t) <b>as it appears on yo</b> sary change fees, it is	y August 26, 2022. Pur government is imperative that all g	Deposits are refundable u sued travel documentation uest names are entered com	up until April 26, 20 on. rectly from the start.	<b>)22.</b> The informati	·
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Important Conditions: Your price is subject to increase prior to the time you make full payment. Your price is not subject to increase after you make full payment, except for charges resulting from increases in government-imposed taxes or fees.



Collette 162 Middle Street Pawtucket RI 02860 Phone: 1-800-852-5655, Fax: 1-401-727-9014

#### TOUR: Sunny Portugal Estoril Coast, Alentejo & Algarve **GROUP NAME:** Amore Travel Designs

#### DEPARTURE DATE: Oct 25, 2022 BOOKING NUMBER: 1052737

# **AVAILABLE PREPAID OPTIONS**

Personalize your tour by adding an optional activity below. Our recommended options have been carefully chosen to help enhance your individual experience. Complete the provided Prepaid Options Form to reserve your options. Availability is limited and reservations are on a first come, first served basis. Payment must be received no later than 15 days prior to departure. Prices are subject to change. Children under the age of 18 MUST be accompanied by an adult.

Alutation: First: (Mr., Mrs., Rev.)	Middle: Last: (Please print EXACTLY as it appears on Passport)	Suffix: Nickname:		
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$\checkmark$	Option	Price Per Person (USD)		
Algarve's Coa	stal Cruise	50.00		
A Night of Fac	lo	120.00		

Please make checks payable to Collette and send to:

Amore Travel Designs Attn: Cathy Rowland 2537 Pinecone Circle Fort Collins, CO 80525

# Extend your vacation with

# Optional 5 Days 3-Night Porto Pre Tour Extension

Rate: \$649.00 USD per person, double, land only, airfare is not included. The purchase of an additional air segment is required for this extension. Please inquire for air rate at time of booking.

4 Meals: 3 Breakfasts, 1 Dinner

#### Day 1: Overnight Flight

Travel on your overnight flight to Porto, Portugal.

#### Day 2: Porto, Portugal - Tour Begins

Arrive in Porto, a city that's steeped in history and built with an artistic architectural eye. Here, you'll find quiet cafes perfect for sipping a glass of Port wine and watching the world go by. Tonight, you'll find out why Porto is regarded as a culinary hotspot during dinner at a local restaurant. *Today dinner will be included.* 

#### Day 3: Porto - Vila Nova de Gaia - Porto

Get to know this captivating city with a walking tour led by a local expert. Take in the grandeur of *Praça da Liberdade* Square, Sao Bento Train Station and its iconic *azulejo* tiles, and a visit to the Palácio da Bolsa, the Stock Exchange Palace, to see the legendary "Arab Room." Cross the Dom Luis I bridge into the neighboring city of *Vila Nova de Gaia* where we will visit a wine cellar for a tour and tasting. The afternoon is yours. *Today breakfast will be included.* 

#### Day 4: Porto

Today is yours to explore Porto how you'd like. Take advantage of this day at leisure – maybe heading into the Livraria Lello, considered to be one of the most beautiful bookstores in the world or visiting a local restaurant to try the famous local delicacy, the "francesinha" sandwich. *Today breakfast will be included.* 

#### Day 5: Porto - Lisbon - Cascais

Board a train\* to Lisbon, where you'll transfer to Cascais to join your tour and start the next leg of your travels. Today breakfast will be included.

Please Note:

During your extension, your local guide will provide included sightseeing services and will be available via a local office at other times.

Extensions are subject to availability and applicable charges at time of request.

\*Guests are responsible for handling their own luggage when getting on and off the train.

A minimum of 4 passengers is required for this extension to operate.

Effective immediately and until further notice, all guests will be required to bring one of the following: **proof of vaccination** (official vaccination certificate in paper or electronic form), **proof of recovery from COVID-19** or a **negative test result** (FDA Approved diagnostic) for a test performed 72-hours or less from the start date of the tour with you on tour to verify information you will be providing to Collette when filling out the Wellness Declaration upon arrival.

**The overall activity level of this extension is a level 2.** This means you feel confident walking at least 30-45 minutes at a time over a variety of terrains – from cobblestones streets to easy pathways; a couple of hills or a few flights of stairs.

# Extend your vacation with

# Optional 5 Days 4-Night Madeira Island Post Tour Extension

Rate: \$1,199.00 USD per person, double, land & air inclusive

5 Meals: 4 Breakfasts, 1 Dinner

#### Day 10: Lisbon - Funchal, Madeira

Fly to Madeira Island, the "pearl of the Atlantic." Madeira boasts a subtropical climate, majestic mountain ranges and volcanic caves. Here **it's your choice!** Visit the Botanical Garden of Madeira with its collection of more than 2,500 plants from all continents **-OR-** discover Madeira's history during a walking tour of Funchal's plazas, Colonial mansions, 15th-century cathedral and the local market.

#### Day 11: Funchal

The day is yours. Perhaps you'll embark on an optional trek along the island's *levadas*,\* wandering through lush greenery or simply relax and enjoy the amenities that your hotel has to offer. No matter how you spend the day, gather in the evening for a traditional dinner known as an *espetada*. Folk dancers and lively music entertain you as you feast on a favorite local dish cooked over an open fire. *Today breakfast and dinner will be included*.

#### Day 12: Funchal - Monte - Câmara de Lobos - Porto Moniz - Funchal

Begin your day with a stop in Monte, perched on the hills overlooking Funchal. Continue to Câmara de Lobos, a traditional village with a picture-perfect bay which served as a special retreat for Sir Winston Churchill. It is here where he admired Madeira's natural beauty and became captivated by the region painting various images of the village. Drive along mountain roads, pass banana plantations and vineyards while en route to the world's second-highest cliff, Cabo Girão. Arrive in the lively fishing village of Porto Moniz, enjoy free time for a swim<sup>\*\*</sup> (weather permitting) in the natural volcanic pools before returning to Funchal. *Today breakfast will be included.* 

#### Day 13: Funchal - Lisbon

Board your flight and return to the metropolitan energy of Lisbon. Enjoy the remainder of the day at leisure. Today breakfast will be included.

#### Day 14: Lisbon - Tour Ends

Depart for home with Portugal in your heart as your tour draws to a close today. Today breakfast will be included.

Please Note:

\*The levada walk is approximately 45 minutes on a flat surface.

Extensions are subject to availability and applicable charges at time of request.

During your extension, your local guide will provide included sightseeing services and will be available via a local office at other times.

\*\*Bathing suits are required if partaking in the thermal water pools at Porto Moniz.

A minimum of 4 passengers is required for this extension to operate.

The internal flights for this extension are not included in the land price of your tour. The purchase of an additional air segment is required. Please inquire for air rate at time of booking.

Effective immediately and until further notice, all guests will be required to bring one of the following: **proof of vaccination** (official vaccination certificate in paper or electronic form), **proof of recovery from COVID-19** or a **negative test result** (FDA Approved diagnostic) for a test performed 72-hours or less from the start date of the tour with you on tour to verify information you will be providing to Collette when filling out the Wellness Declaration upon arrival.

**The overall activity level of this extension is a level 2.** This means you feel confident walking at least 30-45 minutes at a time over a variety of terrains – from cobblestones streets to easy pathways; a couple of hills or a few flights of stairs.